

FEBRUARY

*Building
My Queenly
Confidence*

LYF *Empowered*
WOMEN'S CLUB



f LOVE YOURSELF FINANCIALLY
f   @LYDIALYDZZZ



INSTAGRAM

CHIVA

@chivamudangwe

GBEMI

@gbemi_oni

EUNIKA

@EunikaBrown

KERRA

@kt2nice

KORBALAGAE

@expatfourlife
/@yassahroselearning

MARGARET

@drmargaretavis

MICHELLE

@michelle_chagli

VERONICA

@veramakesgood

2021 GOALS AND SUPPORT



looking for a new role as a financial analyst/financial controller; open to roles outside UAE

2021 GOALS AND SUPPORT



looking for a job in Canada - change and transformation expert

earn \$4000 pm from coaching "Move from Default to Design"

two business proposals

earn \$6000-\$8000 pm from the stock market

2021 GOALS AND SUPPORT



looking for English language tutoring opportunities

2021 GOALS AND SUPPORT



earn an additional income through making
desserts (cakes and cheesecakes)

wants a role in the administrative field -
assistant principal

wants to interview EWC ladies for us to share
our story on her Vodcast

2021 GOALS AND SUPPORT



Kerbalagae

earn \$10,000 pm from business

move to Liberia to work in Early Childhood
Education

self-promotion with parents

2021 GOALS AND SUPPORT



move out of corporate America, move into international development (transportation and infrastructure management)

up investment game

intentional about investing in companies that are in line with her values

doing more in STEM advocacy space

2021 GOALS AND SUPPORT



Michelle

wants to eventually work in public health full time

opportunities for continued learning and work in public health

pray for her continued success in her role

additional income from CV writing, grad application reviews

2021 GOALS AND SUPPORT



accountability - that she's advocating for herself

rebrand for Kuwala - new inventory, contacting designers etc.

BOOK RECOMMENDATIONS

Mindset: The New Psychology of Success by Carol Dweck

Good Vibes, Good Life: How Self-Love is the Key to Unlocking Your Greatness by Vex King

Sometimes you Win, Sometimes You Learn by John Maxwell

Girls of Riyadh by Rajaa al-Sanea

The Year of Yes by Shonda Rhimes

I'm Judging You by Luvvie Ajayi

The Intelligent Investor by Benjamin Graham

The Four Agreements by Don Miguel Ruiz

MONTHLY REFLECTION QUESTIONS

What was your bravest failure this month?

What's something new you've learned to share
with the group?

What do you need support with?

WOMEN AND CONFIDENCE – INTERESTING STATS

companies employing women in large numbers outperform their competitors on every measure of profitability

women consistently rated their performance on a test lower than did men – even though men and women had the same average score on the test

on performance rating: men on average gave themselves a 61 out of 100, women gave themselves a 46 out of 100

men initiate salary negotiations four times as often as women do, and that when women do negotiate, they ask for 30 percent less money than men do

WOMEN AND CONFIDENCE – INTERESTING STATS

because [women] are less confident in general in their abilities, that led them not to want to pursue future opportunities

even when women know they've done as well as men, they still self-promote less

women applied for a promotion only when they met 100 percent of the qualifications. men applied when they met 50 percent

QUESTIONS ON CONFIDENCE

why are we less confident than men?

should men be the benchmark with which we use to measure our confidence?

what would be a more useful measure of confidence?

LESSONS IN CONFIDENCE

a bit of over-confidence is a good thing

confidence is often more valuable than competence

applaud your successes and achievements, no matter how small

LESSONS IN CONFIDENCE

perfectionism is a confidence-killer

confidence is about much more than feelings... "it is the factor that turns thoughts into judgments about what we are capable of, and that then transforms those judgments into action"

LESSONS IN CONFIDENCE

to become more confident, women need to stop thinking so much
and just act

don't second-guess yourself

don't allow failures and losses to hold you back

rate your performance based on objective metrics, not subjective

LESSONS IN CONFIDENCE

women don't need to change, the system does. we can contribute towards making that change possible

hype the girls around you, give their confidence a boost whenever you get the chance!

IMPOSTER SYNDROME

Sheryl Sandberg

“There are still days I wake up feeling like a fraud, not sure I should be where I am.”

IMPOSTER SYNDROME...OR NOT

WHAT ARE YOUR NATURAL SKILLS & TALENTS?

WHAT DO YOU RECEIVE COMPLIMENTS ABOUT?

WHAT DO YOU LOVE ABOUT YOURSELF?

**WHAT TRAITS DO YOU SEE IN OTHER
WOMEN THAT YOU'D LOVE TO EMBODY?**



YOU ARE
GREAT JUST
AS YOU ARE,
IMPERFECTLY
FABULOUS

EMBRACE IT



EVERY GREAT
WOMAN IS A
COMBINATION
OF OTHER
GREAT
WOMEN

Seanisa Allen